

A black and white portrait of Maria Poravos, a woman with dark hair pulled back, smiling at the camera. She is wearing a light-colored collared shirt. The background is slightly blurred, showing what appears to be a wall with some artwork.

VISITING  
WELLNESS EXPERT

MARIA PORAVOS

1ST - 12TH AUGUST



SANTA MARINA

MYKONOS

MEET OUR VISITING  
WELLNESS EXPERT

This summer, Ginkgo Spa welcomes renowned reflexologist Maria Poravos for an exclusive wellness residency. With over a decade of expertise in holistic healing,

Maria brings a deeply intuitive and therapeutic approach to traditional foot reflexology – a method that stimulates the body's natural healing response through strategic pressure points on the feet.

## T R E A T M E N T S

Maria's sessions are more than just treatments – they are journeys into balance, designed to restore the nervous system, boost circulation and address physical and emotional stress.

Whether you're seeking calm, energy alignment or targeted relief, those bespoke sessions offer a rare opportunity to experience reflexology at its finest.

### T R E A T M E N T S   P R I C E L I S T

T R E A T M E N T	D U R A T I O N	P R I C E
Reflexology	80 min	340,00 €
	60 min	280,00 €

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