



SANTA MARINA

MYKONOS

**MEET OUR VISITING
PRACTITIONER**

Phil uses an Emotional Freedom Technique (EFT), Energy Healing, Hypnotherapy, Vibrational Attunement Therapy. For over 20 years Phil has worked with addiction, anger, anxiety, fears and phobias, panic attacks, PTSD, eating and weight challenges, stress and sleeping disorders. Through his sessions, you can release emotional trauma and outdated belief systems, reprogram your mind to have more confidence, self-belief and a greater sense of self.

Discover Phil's therapy, and experience the benefits of his holistic approach.

**VISITING
PRACTITIONER**

PHIL DAVIES

**26TH AUGUST -
15TH SEPTEMBER**

TREATMENTS EXPLANATION

EMOTIONAL FREEDOM TECHNIQUES

A remarkably fast and effective needle-free acupuncture technique that removes the emotional intensity connected to memories and trauma. Release and permanently let go of all past traumas, phobias and any negative emotions.

HYPNOTHERAPY

A super-focused relaxed state that allows you to release powerful resources to drive your life forward or finally let go of limiting beliefs, behaviours, stress, anxiety and even chronic pain.

ENERGY HEALING/VIBRATIONAL ATTUNEMENT

A unique energy healing that offers a profound deep connection with self. Frequently referred to as Reiki on steroids', a session will facilitate in the healing of the Physical, Emotional and Mental self.

TREATMENTS PRICELIST

TREATMENT	DURATION
Hypnotherapy & Emotional Freedom Technique	90
Hypnotherapy & Emotional Freedom Technique	60
Energy Healing	60

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